PROIECT NR. 2026-1-RO01-KA121-SCH-000436490 THE STENGTHS WITHIN US, Anul 5

E from Education, E from Erasmus.



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ERASMUS

E – Education
R – Respect
A – Adventure
S – Sharing
M – Mobility
U – Unity
S – Skills



EDUCATION

E– Explore new ideas
D – Discover new cultures
U – Understand different perspectives
C – Communicate with others
A – Achieve your goals
T – Teamwork and cooperation
I – Improve your skills
O – Open your mind
N – Never stop learning



What is Erasmus+?

- **Erasmus+ is a European Union programme that supports education, training, youth and sport.**

It gives people the opportunity to:

- Study and learn abroad
- Meet people from other countries
- Discover different cultures
- Develop new skills
- Work together internationally



The Main Goals of Erasmus+

- **Erasmus+ aims to create a more connected Europe.**



- 📚 Improve education
- 🌍 Encourage international cooperation
- 🤝 Promote cultural understanding
- 🗣️ Develop language skills
- 💡 Support innovation and creativity

Education becomes an international experience.

Erasmus+ and Schools

Schools can become part of a European network.

- Through Erasmus+, schools can:
- Cooperate with schools abroad
- Organize student exchanges
- Develop international projects
- Share ideas and teaching methods
- Take part in European activities



Schools can open a door to Europe.

Erasmus+ for Students

Students can learn far beyond the classroom.

Students may have the opportunity to:

- ✈ Travel to another European country
- 🏫 Visit a partner school
- 👥 Work in international teams
- 🗣 Practise foreign languages
- 🎨 Participate in cultural activities
- 🌱 Become more independent



Erasmus+ for Teachers

Teachers learn too.

Erasmus+ can help teachers:

- Discover new teaching methods
- Meet European colleagues
- Share good practices
- Improve professional skills
- Explore innovative educational tools



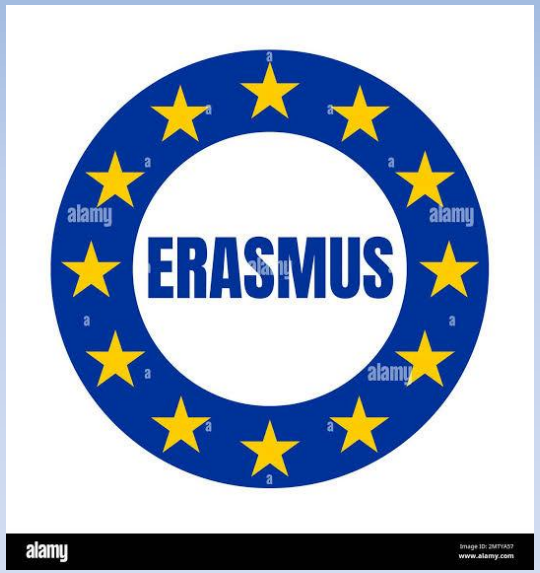
Teachers bring new ideas back to their schools.

Learning Through Culture

Education is also about understanding other people.

During an Erasmus+ experience, students can discover:

Italian culture
Spanish traditions
French culture
German traditions
Greek history
Turkish traditions
Romanian culture



Different cultures. One European community.

Improving Language Skills

Languages become real when we use them.

Erasmus+ gives students opportunities to:

Speak English every day

Communicate with international students

Learn useful expressions

Overcome the fear of making mistakes

Become more confident

The best language lesson can be a real conversation.

Skills for the Future

Erasmus+ develops more than academic knowledge.

Students can improve:

Communication
Teamwork
Creativity
Problem-solving
Adaptability
Independence



These skills can be useful at school, at university and later in a career.

Erasmus+ is more than travelling.

It is about:

LEARNING

DISCOVERING

CONNECTING

GROWING



“The world is a classroom, and every journey is a lesson.”

A Typical Erasmus+ Experience

From classroom to Europe

1. **MEET**
   Meet students and teachers from another country.
2. **LEARN**
   Work together on an educational project.
3. **EXPLORE**
   Visit local places and discover the culture.
4. **SHARE**
   Exchange ideas, experiences and memories.
5. **GROW**
   Return home with new skills and confidence.

The Benefits of Erasmus+

Why is Erasmus+ important?

- More confidence
- Better communication skills
- International friendships
- New perspectives
- Unforgettable experiences
- International partnerships
- New educational ideas
- Professional development
- Greater cooperation



Erasmus+ creates opportunities that can last a lifetime.